



Youth Mental Health First Aid Training (FYMHFPA)

WHEN

October 1, 2024
8:30 am – 3:30 pm

Registration Deadline: September 24, 2024

CLASS DESCRIPTION

Youth Mental Health First Aid USA is a full-day public education program that introduces participants to the unique risk factors and warning signs of mental health problems in adolescents, builds an understanding of the importance of early intervention, and teaches individuals how to help adolescents in crisis or experiencing a mental health challenge. Mental Health First Aid uses role-playing and simulations to demonstrate how to assess a mental health crisis; select interventions and provide initial help; and connect young people to professional, peer, social, and self-help.

TARGET AUDIENCE

K – 12th Educators

COST

\$0 in Region

REGISTRATION IS REQUIRED

Register on the Griffin
RESA website

www.griffinresa.net

Registration is reserved for
Griffin RESA regional
educators.

ADDITIONAL OFFERINGS

January 28, 2025

March 27, 2025