



Understanding Trauma and Building Resilience in Students

WHEN

October 22, 2024
8:30 am – 3:30 pm

Registration Deadline: October 15, 2024

CLASS DESCRIPTION

Educators welcome children each day in their classrooms and some students experience different levels of trauma. Students may require support from the adults in the school building as well as their families and community. Understanding trauma is essential to supporting their mental health and overall well-being. In this class, the impact of trauma on behavior and child/youth development is addressed and types of childhood trauma are defined. You will learn to identify strategies for combating trauma in children/youth while exploring how to build resiliency in students. By understanding trauma, adopting trauma-informed approaches, and fostering resiliency, we will learn how educators and schools can create environments where all students feel supported, valued, and empowered to reach their full potential academically, socially, and emotionally.

TKES Performance Standard 7: Positive Learning Environment

LKES Performance Standard 2: School Climate

TARGET AUDIENCE

K-12 Teachers, EIP
Teachers, MTSS
Chairpersons &
Specialists, Counselors,
Graduation Coaches

COST

\$40 in Region
\$55 Out of Region

OTHER DATES OFFERED

January 14

REGISTRATION IS REQUIRED

Register on the
Griffin RESA website
www.griffinresa.net