



# Understanding Trauma and Building Resiliency in Students

## WHEN

November 6, 2024  
8:30am – 3:30pm

**Registration Deadline:** October 30, 2024

## CLASS DESCRIPTION

Educators welcome children each day in their classrooms and some students experience different levels of trauma. Students may require support from the adults in the school building as well as their families and community. Understanding trauma is essential to supporting their mental health and overall well-being. In this class, the impact of trauma on behavior and child/youth development is addressed and types of childhood trauma are defined. You will learn to identify strategies for combating trauma in children/youth while exploring how to build resiliency in students. By understanding trauma, adopting trauma-informed approaches, and fostering resiliency, we will learn how educators and schools can create environments where all students feel supported, valued, and empowered to reach their full potential academically, socially, and emotionally.

TKES Performance Standard 7: Positive Learning Environment

LKES Performance Standard 2: School Climate

## TARGET AUDIENCE

Teachers,  
Counselors, Social  
Workers, School  
Climate Team  
Members, Mental  
Health & Wellness  
Facilitators

## COST

\$40 in Region  
\$55 Out of Region

## REGISTRATION IS REQUIRED

Register on the  
Griffin RESA website  
[www.griffinresa.net](http://www.griffinresa.net)